“Years ago when my health failed and I underwent quintuple by-pass, Coast Guard Mutual Assistance was there for me. My 21 years in the Coast Guard made a lasting impression of giving to those who are truly in need. Semper Paratus!”

– BMCS Paul L. Carter, USCG (Ret.)
In 2019, CGMA provided over $10 million in disaster and emergency relief. Through fires and floods, hurricanes, and medical emergencies, CGMA helps. Every time.

Family Assistance and Support

From birth to graduation and every step in-between, Coast Guard Mutual Assistance is here to help!

- Adoption Loan/ Grant
- Housing Closing Costs
- Pet Expenses/Service Animals
- Welcome Baby Supply

Find your local rep online at https://www.cgmahq.org/retiree
Enter your city, state, or zip code and find your local representative to contact about assistance.
Your local library also has computers and fax machines available for use which may help you apply.

Education Assistance

Whether you’re looking to take control of your finances or earn a degree, CGMA has the tools and resources to help you succeed.

- Education Loans
- Stafford Loan Fee
- Supplemental Education Grant (SEG)
- Tutor.com/military

For more information, visit cgmahq.org/retiree, call 800.881.2462, or email assistance@cgmahq.org