Email #1 – CGMA – Not just for emergencies

CGMA is an amazing resource not only in times of emergency but for day-to-day financial needs as well. CGMA offers a wide range of support programs including:

- **Baby Supplies** - layette package (includes a receiving blanket, clothes and other “very cute” items for a newborn baby) to families of the Coast Guard community following the birth or adoption of a child.
- **Special Needs Support**, including grants for costs of activities such as camps or clubs, adaptive equipment, and other resources designed to meet special needs as well as respite care.
- **Adoption Grants and Loans**
- **Funeral Expenses**
- **Pet and Service Animals**

New family support programs include **Breast Milk Shipment** Reimbursement for nursing moms to off-set the cost of shipping their milk home when work obligations/business take them out of town. Additionally, CGMA recently expanded the Special Needs Grant Program to up to $3,000 every 5 years to Active Duty CGMA clients who are faced with increased financial demands related to the care and support of their dependents with special needs. Previously this grant was limited to $3,000 lifetime.

For more information on the programs and resources available for your and your family, please visit [www.cgmahq.org](http://www.cgmahq.org) or find CGMA on Facebook/Twitter/Instagram: @CGMutualAssist

Email #2 – CGMA – PCS Support

As we prepare for PCS season, we want everyone to be aware of three specific resources CGMA offer to support upcoming moves.

1 - **OCONUS Rental Car Assistance (ORCA)**

ORCA is brand new program available to all military and civilian personnel transferring OCONUS this year. It will ensure that resources are available for a rapid and easy arrival at the new duty location. [Watch website](http://example.com) for fresh details as the program rolls out this PCS season.

2 – **PCS Child Care**

The PCS Child Care Program provides up to $450 for a family to help cover the cost of child care during PCS related activities. CGMA will pay for babysitting or commercial child care while your household goods are being picked up….or dropped off. The PCS Child Care Reimbursement is open to Regular Coast Guard Active Duty and ADOS Reserve members in pay grades E6 and below, O-2 and O-1.

3—**Housing & PCS Incidents Assistance**

CGMA’s Housing Assistance Loan Program can help with settlement charges when purchasing, selling, or refinancing a home, or for deposits when renting (first/last month’s rent and security deposit). Assistance may also be provided for the cost of establishing utilities. CGMA also offers a PCS Incidents Loan which is intended to help Coast Guard military personnel with unexpected costs that accompany a PCS move.

**Coast Guard Mutual Assistance**

[www.cgmahq.org](http://www.cgmahq.org) | 800.881.2462
These may include the cost of house hunting prior to the move, hotel stays beyond the allotted 10 days when household goods are delayed, boarding pets temporarily while movers are present or when the client is staying at hotels where pets are not allowed, and purchasing household necessities such as food, cleaning supplies, window treatments, toiletries new garbage cans, mats, area rugs, etc., that are needed for settling into the new residence.

For more information on these programs, talk to your local CGMA Representative or visit the CGMA website, www.cgmahq.org.